



Sun Hat
Pedometer

HEALTHY STEPS COMMUNITY WALK



JOIN US FOR A FUN AND HEALTHY WALK!

**APRIL
16, 2026**

**Start at 8 am
Ends at 10 am**

**AT THE CLINIC
TRAILHEAD**

**EVERYONE IS WELCOME
BRING YOUR FAMILY AND FRIENDS.**

**LET'S TAKE STEPS TOGETHER FOR A HEALTHIER
COMMUNITY!**

CBNHC DIABETES PROGRAM 505-908-2307 EXT 255

