

**October 2023**- Navajo New Year  
Newsletter  
Gháájí  
Happy New Year Everyone!

# 2023 Gháájí

129 Medicine Horse Drive  
505-908-2307  
[www.cbnhc.org](http://www.cbnhc.org)

## OCTOBER EVENTS

- October 2 – Starting Flu Shots-Clinic
- October 5 - AASTEC-CRA 1-4pm
- October 10 – Starting evening flu shots 4-5:30pm - Clinic
- October 18 - Lunch & Learn 12-1:00pm @ Clinic
- October 25, - TCS Parent/Teacher Conference – TCS School
- October 27 - Atsiis Naabikiyati- 12pm-1:15pm @ Clinic
- October 31<sup>st</sup> - Fun Walk – Walking Trail
- October 31<sup>st</sup> – Pumpkin Carving Contest – Dental

## **DIABETES PROGRAM**

- **FreshRx Delivery:**  
October 12, 2023  
October 19, 2023  
October 26, 2023
- **Diabetes Wellness Gym** - @ DM Trailer Across Chapter House: Open every Monday and Wednesday from 11am-1pm.
- **Wellness Gym well be **CLOSED** on October 16 and 18.**
- **Halloween FUN & WALK and Halloween Costume Contest : October 31, 2023 from 10am -12pm.**



**DENTAL** will be hosting a **Pumpkin CARVING** contest for the Community for ALL ages!

- ALL pumpkins must be carved  
Pumpkins can be brought to the Clinic on Monday October 30, 2023, throughout the day!



(VOTING WILL BE HELD ON HALLOWEEN DAY AT 12:30PM)

## JOB OPPORTUNITIES:

Canoncito Band of Navajo Health Center Inc. has jobs opportunities for you to join our healthcare team.

- Licensed professional Clinical Counselor/ Licensed Mental Health Counselor
- Peer Support Specialist
- Diabetes Health Educator/ Community Health Worker
- Certified Medical Coder
- Medical Assistant
- Data Entry Clerk - Billing
- Housekeeper(Part-Time)
- Groundskeeper



CBN Health Center offers work-life balance, a competitive salary, a generous benefit package, and a great team environment. CBN Health Center serves the community of To'hajiilee located 30 miles west of Albuquerque, NM. Clinic operations on Monday-Friday 8:00am-4:30pm. Paid holiday off.

As required by the Navajo Preference in Employment Act, preference will be given to qualified Navajo applicants. If there is no qualified Navajo applicant, preference will be giving to qualified American Indian Applicants consistent with the Navajo Self-Determination Act Indian preference provision.

Visit our website at [CBNHC.org](http://CBNHC.org) for more information. Postions remain open until filled.

### To apply:

- Send an application, resume, letter of interest via e-mail to [humanresources@cbnhc.org](mailto:humanresources@cbnhc.org). Please use the position title in the Subject line or
- Mail to CBN Inc, ATTN: Human Resources, PO Box 3338, To'Hajiilee NM 87026

If you have any question call (505) 908-2307.

Happy  
Pharmacy  
Week

PHARMACY DEPARTMENT

FUN

**Fun Activities All Week - October 16-20, 2023**

Stop by Pharmacy for fun activities and learn how to be entered into a drawing.

IMPORTANT NOTICE

PURCHASED REFERRED CARE (PRC) DEPARTMENT

- *If a referral was submitted by a provider, and you have been scheduled for an appointment. **PLEASE** inform PRC department of that scheduled appointment.*
- *If you are receiving bills due to a referral that was submitted for you, **PLEASE** bring them to PRC Department.*
- *If you were denied for Medicaid, PRC and Patient Benefits will need a copy of the denial letter from Income Support Division (ISD).*

IT'S THAT TIME OF THE YEAR!!!

***Flu Vaccines*** - Starting October 2, 2023

**Who:** Age 6 months & older

**When:** Monday/Tuesday/ Wednesday/Friday: 9am-3:30pm  
Thursday : 1pm - 3:30pm

**\*\*EVERY Tuesday** - 4:30-6:00pm - Starting October 10, 2023



Nurse Walk-In Visit or for an Appointment, please call 505-908-2307

***BEHAVIORAL HEALTH DEPARTMENT NEWS FLASH!***



**Alcoholics Anonymous (AA) Meeting:**

If you, a family member or a friend needs help with alcohol, Behavioral Health Dept. is offering AA meetings every other **Thursday** from **4-5:30pm**.

Any questions, please contact Behavioral Health @ 505-908-2307.



**Child Find Screenings for Children Birth to Five Years  
Academic School Year 2023-2024**

Contact Katrina Nez, Director of Family Engagement for more information at 505-908-2426 Ext: 164!

DATE/TIME OF SCREENING:	TYPE OF CHILD FIND SCREENING:	TARGET GROUP:
<b>SEPTEMBER 2023</b>		
September 18 <sup>th</sup> , 2023 9:00 – 1:00 pm CBN Health Center	Dental Screenings	For Preschool Age (3-5 years) to include FACE-HB students.
September 19 <sup>th</sup> , 2023 TECCS Building	LAP-D Screenings PRESCHOOL ONLY	For Preschool Students <b>ONLY</b> (Ages 4-5 years).
September 28 <sup>th</sup> , 2023 9:30 – 11:30 am TECCS Building	ASQ/ASQ-SE by APS Developmental Preschool Program APPOINTMENT ONLY	For Preschool Age (3-5 years).
<b>OCTOBER 2023</b>		
October 3 <sup>rd</sup> , 2023 9:00 – 11:00 am TECCS Building	Hearing Screenings and Vision Screenings	For Ages Birth to Five Years. Kindergarten <b>ONLY</b> (with parent consent)
October 5 <sup>th</sup> , 2023 9:30 – 11:30 am TECCS Building	ASQ/ASQ-SE by APS Developmental Preschool Program APPOINTMENT ONLY	For Preschool Age (3-5 years).



If your child needs his/her immunizations and/or physicals updated, please schedule an appointment with your child's primary doctor.

ACL-WIC is also available. Contact the WIC Office for more information or enrollment.

\*Schedule may change. Please be advised, To'Hajiilee Community School may cancel screenings due to inclement weather and/or school closures.

# MEDICARE Open Enrollment is starting OCTOBER 15

Please be careful with scam calls! If you want/need to make changes to your Medicare, please see your local Patient Benefit Rep and/or talk with your Primary Care Provider (PCP).



CBNHC Patient Benefit Advocate (505) 908-2307 ex.134

## Medicare Enrollment Periods

 <p>Oct 15 - Dec 7</p>	 <p>Jan 1 - March 31</p>	 <p>Depends on Eligibility</p>	 <p>Jan 1 - March 31</p>	 <p>Depends on Eligibility</p>
<b>Annual Enrollment Period</b>	<b>Open Enrollment Period</b>	<b>Initial Enrollment Period</b>	<b>General Enrollment Period</b>	<b>Special Enrollment Period</b>
Anyone with Medicare can make a change	Anyone with Medicare Advantage can make a change	For those aging in, IEP begins three months before your 65th birthday and ends three months after. Those not 65 will have a separate IEP	Anyone who missed their IEP can enroll. Must wait until April 1 - June 30 for Medicare Advantage or Drug plan	Timing depends on eligibility

## ***PRESCRIPTION REFILLS! PRESCRIPTION REFILLS!***

**PLEASE NOTE: ALL PRESCRIPTION REFILL REQUESTS REQUIRE AT LEAST A 24-HOUR NOTICE**

- You can refill your meds as early as 5 days
- Please do not wait until you are out.
- Please be aware of any holidays, closure or early dismissal

\*Unforeseen circumstance can also cause clinic hour changes.



**Upcoming holidays- We do have early dismissal the day before the holiday.**



Labor Day- September 4, 2023  
Veterans Day- November 10, 2023  
Thanksgiving- November 23-24, 2023  
Christmas- December 25, 2023