

JANUARY NEWSLETTER



Attention!

Gym Schedule:

Monday: 10:30am - 12:30pm

Wednesday: 11pm-1pm

Trail Walks:

1/11/24: 11am-1pm

1/25/24: 11am-1pm

Blood Sugar/Blood Pressure Screening:

1/26/24 from 9am-11am



Purchased Referred Care - PRC Dept.

- If a referral was submitted by a provider, and you have been scheduled for an appointment PLEASE inform PRC department of that scheduled appointment.
- If you are receiving bills due to a referral that was submitted for you by CBNHC, PLEASE bring them to PRC Department (Time Sensitive).
- If you were denied for Medicaid, PRC and Patient Benefits will need a copy of the denial letter from Income Support Division (ISD).

Don't Miss Out

DIABETES PROGRAM

Diabetes First Challenge

"Let's Get Healthy"

Track minutes of physical activity, soda intake and increase water daily.

Recruiting participants from January 8th - 12th 2024.

Start Date: January 15th, 2024

End Date: February 9th, 2024

Sign-up and pick-up tracking log at CBN Health Clinic.

Contact: David Sanabria

505-908-2307 ext-222

or Marian Nez

505-908-2307ext:223

PHARMACY

Medication Return Event

Return all medication(s) that is no longer needed to Med Safe at CBNHC Pharmacy. We would like to help you dispose of the medication in a safe matter. Disposing of old medication is a way to protect individuals from taking this medication by mistake. A prize will be rewarded when you come in between February 1st, 2024 to February 29th, 2024. You will also have a chance to be entered into a drawing for a gift basket at the end of February. Multiple entries will be allowed by determining how many medications you bring in.



ITEMS Not ACCEPTED:

- Illegal Drugs
- Liquids over 4 ounces
- Needles or Sharps
- Medical Devices/ Batteries
- Aerosol cans, Inhalers
- Chemicals & Radiopharmaceuticals
- Chemotherapy Drugs

ALERT - Before you run out of your medication(s), please call Pharmacy five (5) days before you run out. **UNEXPECTED CLOSURE** may arise due to the weather or other unforeseen conditions.



DENTAL



EMERGENCY WALK-IN

CBN Dental accepts only **THREE (3)** walk-ins a day. Sign-in @ 8:00am Mon, Tues, Wed & Fri.
Thursday - Sign-in at 12:45p.m.

ACL Dental

Phone Number: 505-552-5300 ext:7

Walk-in Hours

- Sign in at 8am Mon, Tues, Wed and Friday
 - Sign in at 12:45 on Thursday
- Dental will take first (3) walk-ins

LAGUNA DENTAL

Phone Number: 505-552-6643, 6644

Walk-in Hours

- Sign in at 8am Mon, Tues, Wed, and Friday
 - Sign in at 12:45 on Thursday
- Dental will take first (3) walk-ins



Kimberly Johns
Data Entry Clerk



Tiffany Begay
Human Resource
Assistant



McCormick Harry
Housekeeping



Demetria Platero
Peer Support
Specialist



- Accounting Technician
 - Grounds Keeper
 - Billing Technician
 - Medical Coder
- Security Guard FT/PT
- Grants- Contract Coordinator
- POS Pharmacy Technician



Send your resume to:

- Humanresources@cbnhc.org
 - Deliver to CBNHC Human Resources-
 - Mail to PO Box 3338 To'hajiilee NM 87026
- www.cbnhc.org

NM STATE BENEFITS UPDATE!

Don't loose your State Benefits.

Recertify when you are due (Turquoise Envelope). Processing time for new applications are taking longer than expected, at least 60 days or more.

SNAP ALERT. If you have completed your recertification and still waiting for your benefits, and have not had an interview with an ISD Case Worker, you can call ISD @ 1-800-283-4465 or visit your local ISD office to complete interview process.

ISD is very back-up at this time,.