

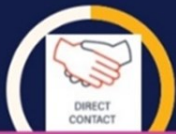
WHAT TO KNOW ABOUT

MONKEYPOX

What is Monkeypox?

Monkeypox is a disease caused by the monkeypox virus, and not commonly seen in the U.S. It can cause a rash which may look like pimples or blisters, sometimes with a flu-like illness.

How Does It Spread?



Skin-to-Skin Contact (Close & Personal)

Direct contact with Monkeypox rash, scabs or body fluids from a person with monkeypox.



Touching Objects & Surfaces

Fabrics, clothing, bedding or towels. Surfaces or objects that have been used by someone with monkeypox.



Sexual Intimate Contact

Even through hugging, massaging & kissing closely.



Respiratory Droplets

Without a mask within 6ft or closer for more than 3hrs. It is less contagious than Covid-19.

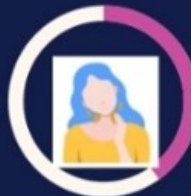
Signs & Symptoms

Usually starts within 3 weeks of exposure & Can Experience Flu-Like Symptoms



Rash

- Can appear anywhere on the body
- Are usually painful
- Can look like pimples or blisters



Swollen Lymph Nodes



Muscle or Back Aches



Congestion, Sore Throat, Cough



Fevers



Chills

What To Do If You Had A Direct Contact With Someone With Monkeypox?

or

What To Do If You Think You Have Monkeypox?

Please call the Navajo Area Monkeypox Warmline at:
(928) 380-7772



Monkeypox Vaccine



Who Should Get Vaccinated?

CDC Recommendations:

- People who have been exposed to Monkeypox and people who may be more likely to get Monkeypox.



The vaccine only works if given within 2 weeks from exposure. Currently, there is a limited supply of the vaccine in the U.S.

At Risk:

- Identified by Public Health Officials as a contact of someone with Monkeypox
- Had a sexual partner in the past 2 weeks was diagnosed with Monkeypox
- Had multiple sexual partners in the past 2 weeks in an area with known Monkeypox
- Have an occupational exposure (laboratory, healthcare workers -check with employer)

Jynneos Vaccine

2 Doses: 28 days apart

Under 18 years-old : 0.5mL
Given Sub-Q (Back of the arm)

18 years-old & Older : 0.1mL
Given Intradermal (Like a TB Skin Test)



How Do I Get Vaccinated?

If you think you are at risk for Monkeypox and are interested in getting the vaccine:

You Can Call:

New Mexico Department of Health (NMDOH)

or

Navajo Area Warmline



NMDOH: 1-855-600-3453, Option 4

Navajo Area Warmline: 928-380-7772

Calls are Confidential

You will be screened to determine if you need the vaccine.

