



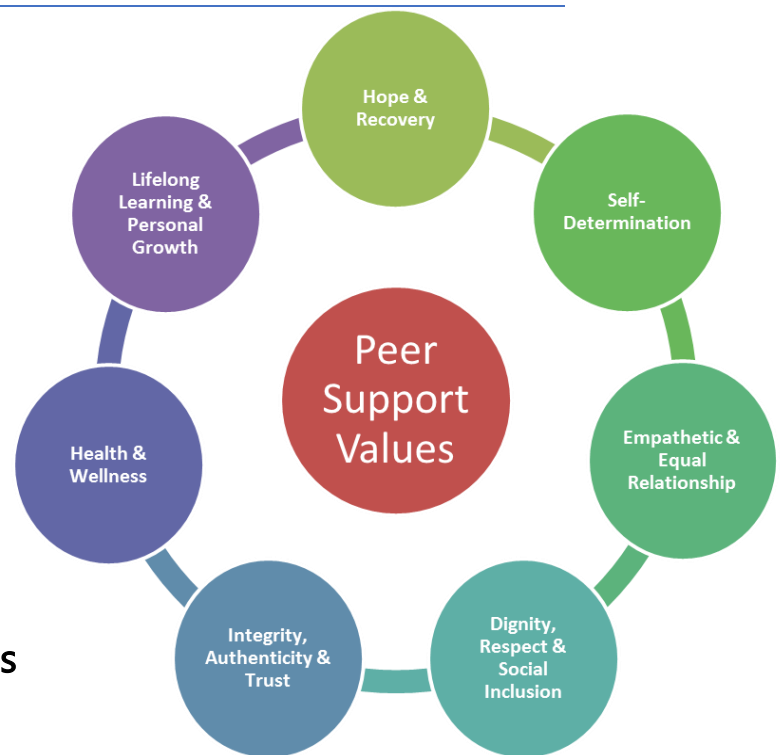
Peer Support Services

What's a Peer Specialist?

A Peer Specialist is an individual who has been successful in their recovery and certified to assist others experiencing similar situations. Peer Specialist have lived experiences of incarceration, addiction, and mental health disorders.

Services provided:

- Support through recovery
- Referrals/Resources
- Coping skills
- Anger management
- Someone to talk/vent to
- Mentoring/Coaching
- Stress management
- Life skill building
- Wellness education
- Community support services



Reminder: Peer Specialist do not provide counseling services. A Peer Support Specialist serves as a role model on wellness and recovery meeting the patient where they are at in their journey and walking with them on how to handle situations on their own.

Peer Support is available Monday-Friday between 9am-4pm

For more information contact

Demetria Platero (505)-908-2307 ext:312 or (505)240-9862